

Ramadaan Activity 3

Memorize the following Du'a



رَبَّنَا ظَلَمْنَا أَنْفُسَنَا وَإِنْ لَمْ تَغْفِرْ لَنَا وَتَرْحَمْنَا لَنَكُونَنَّ مِنَ الْخَاسِرِينَ

Our Lord! We have sinned against ourselves, and unless You grant us forgiveness and bestow Your mercy upon us, we shall most certainly be lost! (7:23)

Read the following questions, try to understand the given answers and re-write the answers in the provided space.

What is the reason that one should fast on Mondays and Thursdays?

The reason for fasting Mondays and Thursdays is

“That these are the days on which deeds are presented, and he liked that his deeds be presented while he was fasting.” (“He” here is Prophet Muhammad peace be upon him.)

What is a perpetual fast?

It is like fasting the whole year.

“If anyone fasts during Ramadaan, then follows it with six days in Shawwaal, it will be like a perpetual fast.”

Which is the best fast after the fast of Ramadaan?

“Indeed fasting in Sha’baan is the best fast after Ramadaan,”

What are the three days in a month the Prophet peace be upon him has instructed us to fast in a month?

Allah's Messenger (r) instructed us to fast three days in every month: on the thirteenth, fourteenth and fifteenth.

What are the days of the full moon?

The thirteenth, fourteenth and fifteenth of each Islamic Month.

What are the two days on which Allah's Messenger forbade the Muslims to fast?

Allah's Messenger (r) forbade fasting on two days: the day of breaking the fast of Ramadaan and the Day of Sacrifice [the two Eid days].

Colour the obligatory and recommended days of fasting in the following Islamic Calendar for the year 2013 (1434 Hijri)

*Focus on the Islamic Dates

H I J R I C A L E N D A R 1 4 3 4

Muharram (Nov/Dec)						
Su	Mo	Tu	We	Th	Fr	Sa
				15	16	17
				U 1	2	3
18	19	20	21	22	23	24
4	5	6	7	8	9	10
25	26	27	28	29	30	1 Dec
11	12	13	14	15	16	17
2	3	4	5	6	7	8
18	19	20	21	22	23	24
9	10	11	12	13	14	
25	26	27	28	29	30	

Safar (Dec/Jan)						
Su	Mo	Tu	We	Th	Fr	Sa
					14	15
					U*	1
16	17	18	19	20	21	22
2	3	4	5	6	7	8
23	24	25	26	27	28	29
9	10	11	12	13	14	15
30	31	1 Jan	2	3	4	5
16	17	18	19	20	21	22
6	7	8	9	10	11	12
23	24	25	26	27	28	29

Rabi-I (Jan/Feb)						
Su	Mo	Tu	We	Th	Fr	Sa
13	14	15	16	17	18	19
U 1	2	3	4	5	6	7
20	21	22	23	24	25	26
8	9	10	11	12	13	14
27	28	29	30	31	1 Feb	2
15	16	17	18	19	20	21
3	4	5	6	7	8	9
22	23	24	25	26	27	28
10	11					
29	30					

Rabi-II (Feb/Mar)						
Su	Mo	Tu	We	Th	Fr	Sa
	11	12	13	14	15	16
	U*	1	2	3	4	5
17	18	19	20	21	22	23
6	7	8	9	10	11	12
24	25	26	27	28	1 Mar	2
13	14	15	16	17	18	19
3	4	5	6	7	8	9
20	21	22	23	24	25	26
10	11	12				
27	28	29				

Jumada-I (Mar/Apr)						
Su	Mo	Tu	We	Th	Fr	Sa
			13	14	15	16
			U 1	2	3	4
17	18	19	20	21	22	23
5	6	7	8	9	10	11
24	25	26	27	28	29	30
12	13	14	15	16	17	18
31	1 Apr	2	3	4	5	6
19	20	21	22	23	24	25
7	8	9	10	11		
26	27	28	29	30		

Jumada-II (Apr/May)						
Su	Mo	Tu	We	Th	Fr	Sa
				11	12	13
				U*	1	2
14	15	16	17	18	19	20
3	4	5	6	7	8	9
21	22	23	24	25	26	27
10	11	12	13	14	15	16
28	29	30	1 May	2	3	4
17	18	19	20	21	22	23
5	6	7	8	9	10	11
24	25	26	27	28	29	30

Rajab (May/Jun)						
Su	Mo	Tu	We	Th	Fr	Sa
12	13	14	15	16	17	18
1	2	3	4	5	6	7
19	20	21	22	23	24	25
8	9	10	11	12	13	14
26	27	28	29	30	31	1 Jun
15	16	17	18	19	20	21
2	3	4	5	6	7	8
22	23	24	25	26	27	28
9						11/05
29						U*

Sha'ban (Jun/Jul)						
Su	Mo	Tu	We	Th	Fr	Sa
	10	11	12	13	14	15
	U 1	2	3	4	5	6
16	17	18	19	20	21	22
7	8	9	10	11	12	13
23	24	25	26	27	28	29
14	15	16	17	18	19	20
30	1 Jul	2	3	4	5	6
21	22	23	24	25	26	27
7	8	9				
28	29	30				

Ramadan (Jul/Aug)						
Su	Mo	Tu	We	Th	Fr	Sa
		9	10	11	12	13
		U*	1	2	3	4
14	15	16	17	18	19	20
5	6	7	8	9	10	11
21	22	23	24	25	26	27
12	13	14	15	16	17	18
28	29	30	31	1 Aug	2	3
19	20	21	22	23	24	25
4	5	6	7	8		
26	27	28	29	30		

Shawwal (Aug/Sep)						
Su	Mo	Tu	We	Th	Fr	Sa
				8	9	10
				U*	1	2
11	12	13	14	15	16	17
3	4	5	6	7	8	9
18	19	20	21	22	23	24
10	11	12	13	14	15	16
25	26	27	28	29	30	31
17	18	19	20	21	22	23
1 Sep	2	3	4	5	6	
24	25	26	27	28	29	

Dhul Qa'dah (Sep/Oct)						
Su	Mo	Tu	We	Th	Fr	Sa
6						7
30						U 1
8	9	10	11	12	13	14
2	3	4	5	6	7	8
15	16	17	18	19	20	21
9	10	11	12	13	14	15
22	23	24	25	26	27	28
16	17	18	19	20	21	22
29	30	1 Oct	2	3	4	5
23	24	25	26	27	28	29

Dhul Hijjah (Oct/Nov)						
Su	Mo	Tu	We	Th	Fr	Sa
6	7	8	9	10	11	12
U*	1	2	3	4	5	6
13	14	15	16	17	18	19
7	8	9	10	11	12	13
20	21	22	23	24	25	26
14	15	16	17	18	19	20
27	28	29	30	31	1 Nov	2
21	22	23	24	25	26	27
3	4					
28	29					

*Date of Saudi Umm Al-Qura calendar is 1-day ahead of predicted crescent visibility (Imkan e Ruyat)

Note: Calendar based on predicted crescent visibility for the UK.

