



GOLDEN SUPPLICATIONS FOR CHILDREN



ABDUL MALIK MUJAHID



Dua After Waking Up

When we wake up we should say:

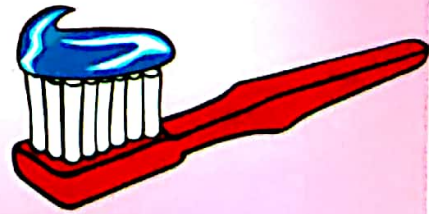
الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا
وَالِيَهُ النُّشُورُ

All praises be to Allah Who revived us after he has brought us death and unto Him we shall return.

Instructions:

(Bukhari: 6312)

1. Wake up with the Fajr Adhaan.
2. Clean your teeth with a Miswak or toothbrush.
3. Get ready for Prayer after Wudhu (ablution).





Dua Before Entering The Toilet



بِسْمِ اللَّهِ، اللَّهُمَّ إِنِّي أَعُوذُ بِكَ
مِنَ الْخُبْثِ وَالْخَبَائِثِ

In the Name of Allah, O Allah, I seek protection in You from the male and female unclean devils.

(Sahihul-Jami'is-Saghir: 4714 and Al-Bukhari: 142)

Instructions:

1. Enter the toilet with your left foot.
2. Say the above dua before entering the toilet.
3. Do not talk while you are in the toilet.
4. Do not use the toilet while facing the direction of the Qiblah.
5. Clean any impurity with water.





Dua After Leaving The Toilet

غُفْرَانَكَ

I ask You (Allah) for forgiveness.

(At-Tirmidhi: 7)

Instructions:

1. Leave the toilet with your right foot.
2. After leaving the toilet, say this dua.



Dua Before Wudu

بِسْمِ اللَّهِ

In the Name of Allah.

(Abu Dawood: 101)

Dua After Wudu

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ
لَهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

I bear witness there is nothing worthy of worship but Allah alone. He has no partner, and I bear witness that Muhammad is His slave and His Messenger.

(Muslim: 234)

Dua For Looking In The Mirror

اَللّٰهُمَّ كَمَا حَسَّنْتَ
خُلُقِيْ فَحَسِّنْ خُلُقِيْ

O Allah, just as you have
given me good features,
also favour me with good
character.

(Akhlaqun Nabi ﷺ: 493)



Dua Before Undressing

بِسْمِ اللَّهِ

In the Name of Allah.

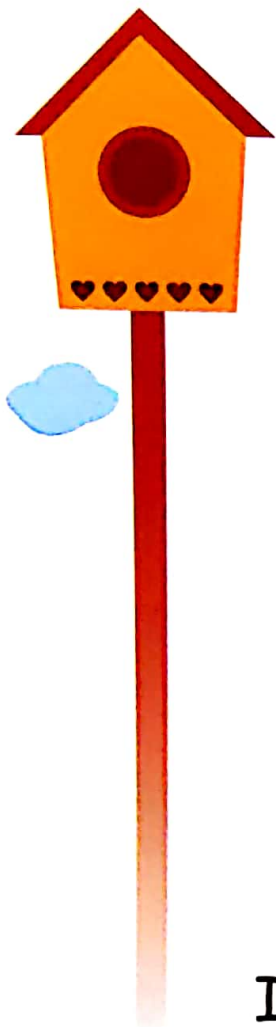
(At-Tirmidhi: 2/505)

Dua While Getting Dressed

الْحَمْدُ لِلَّهِ الَّذِي كَسَانِي هَذَا الثَّوْبَ
وَرَزَقَنِيهِ مِنْ غَيْرِ حَوْلٍ مِنِّي وَلَا قُوَّةٍ

Praise is to Allah Who has clothed me with this (garment) and provided it for me, though I was powerless myself and incapable.

(Abu Dawood: 4023)

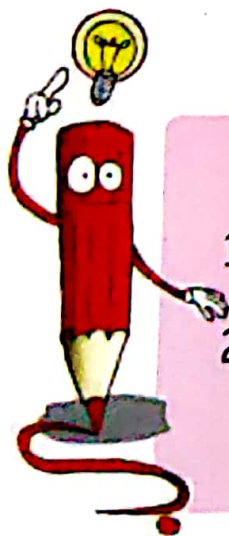


Dua When You Leave The House

بِسْمِ اللَّهِ تَوَكَّلْتُ عَلَى اللَّهِ
لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

In the Name of Allah, I have placed
my trust in Allah, there is no might
and no power except by Allah.

(Abu Dawood: 5095)



Instructions:

1. Give Salaams to those you meet.
2. Remove any harmful things from your path if you can.

Dua For When You Enter The Mosque

اَللّٰهُمَّ افْتَحْ لِيْ اَبْوَابَ رَحْمَتِكَ

O Allah, open for me the
doors of Your mercy.

(Muslim: 713)

Instructions:

1. Enter the mosque with your right foot.
2. If the congregational prayer has not started then perform two rak'at of greeting the mosque.
3. If you have time recite the Qur'an or some duas (invocations).

Dua After The Prayer (Salah)

اَللّٰهُمَّ اَعِزِّيْ عَلٰى ذِكْرِكَ وَشُكْرِكَ، وَحُسْنِ عِبَادَتِكَ

O Allah, help me to remember You, to give You thanks and to perform Your worship in the best manner.

(Abu Dawood: 1522)

Dua After The Fajr Prayer

اَللّٰهُمَّ اِنِّىْ اَسْئَلُكَ عِلْمًا نَّافِعًا
وَرِزْقًا طَيِّبًا وَعَمَلًا مُّتَقَبَّلًا

O Allah, I ask You for knowledge that is of benefit, a good provision and deeds that will be accepted.

(Ibn Majah: 925)



Dua When Leaving The Mosque

اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ

O Allah, I ask You for Your favour.

(Muslim: 713)

Instructions:

1. Leave the mosque with your left foot.
2. Have the intention to visit the mosque again.



Dua When You Enter The Home

اَللّٰهُمَّ اِنِّیْ اَسْئَلُكَ خَیْرَ الْمَوْجِیْ وَخَیْرَ الْمَخْرَجِ
بِسْمِ اللّٰهِ وَاجْتَنَّا، وَبِسْمِ اللّٰهِ خَرَجْنَا،
وَعَلَى اللّٰهِ رَبِّنَا تَوَكَّلْنَا

O Allah, I ask you for good when entering and when exiting. In the Name of Allah we enter and in the Name of Allah we exit and upon Allah our Lord we rely.

(Abu Dawood: 5096)

Instructions:

1. Remember to give Salaam to your family when entering or leaving the home.



Dua When Visiting The Sick

لَا بَأْسَ ظَهَرَ إِنْ شَاءَ اللَّهُ

Do not worry, it will be a
purification for you, Allah Willing.

(Al-Bukhari: 5656)

Allah's Messenger ﷺ said: There is no Muslim
slave who visits one who is ill other than at the
time of death and he says seven times this
supplication then Allah will cure him.

أَسْأَلُ اللَّهَ الْعَظِيمَ رَبَّ الْعَرْشِ الْعَظِيمِ أَنْ يَشْفِيكَ

I ask almighty Allah, Lord of the
Magnificent Throne, to make you well.

(At-Tirmidhi: 2083)

Instructions:

1. Do not sit for a long time when visiting a
sick person.
2. Console the sick person and say do not
worry you will be cured immediately if
Allah wills.

Dua For Seeking Forgiveness

(Sayyidul-Istigfar)

اَللّٰهُمَّ اَنْتَ رَبِّيْ لَا اِلٰهَ اِلَّا اَنْتَ ، خَلَقْتَنِيْ
وَ اَنَا عَبْدُكَ ، وَاَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا
اسْتَطَعْتُ ، اَعُوْذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ ، اَبُوْءُ
لَكَ بِنِعْمَتِكَ عَلَيَّ وَاَبُوْءُ بِذَنْبِيْ فَاغْفِرْ لِيْ
فَاِنَّهُ لَا يَغْفِرُ الذُّنُوْبَ اِلَّا اَنْتَ

O Allah, You are my Lord. There is none worthy of worship but You. You created me and I am your slave. I keep your covenant and my promise to you as best as I can. I seek refuge in You from the evil I did. I recognize Your blessings upon me, and I recognize my misdeeds. Forgive me for none can forgive sins but You.

(Al-Bukhari: 6306)

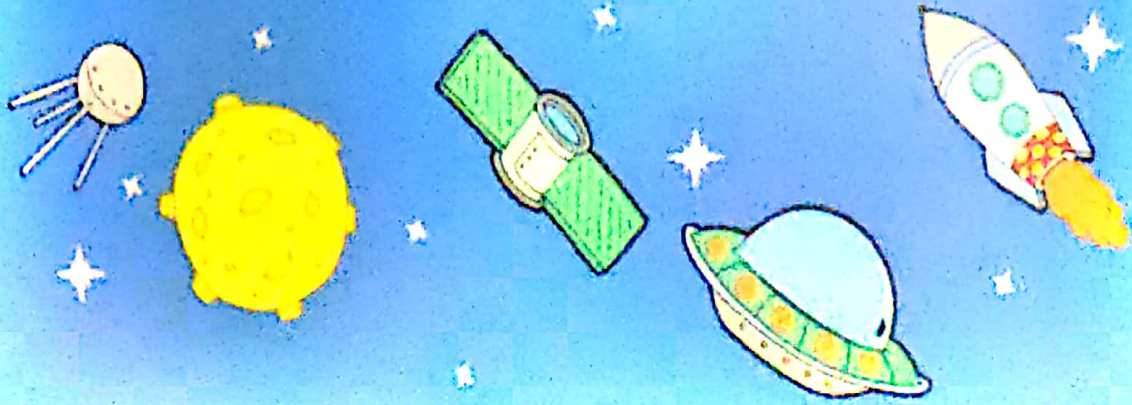


Dua For When It Rains

اللَّهُمَّ صَيِّبًا نَافِعًا

O Allah, let this rain be beneficial.

(Al-Bukhari: 1032)

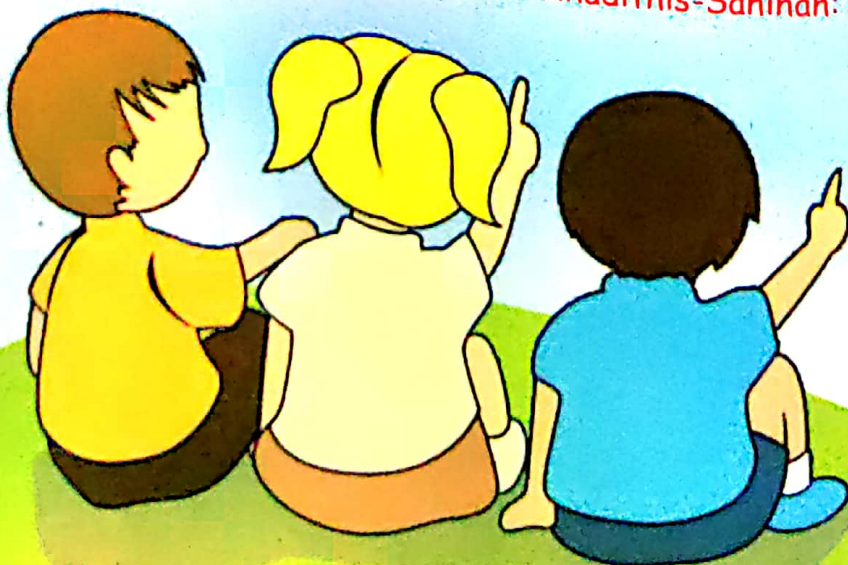


Dua For Sighting The New Moon

اَللّٰهُمَّ اِهْلِهْ عَلَيْنَا بِالْيُسْرِ وَالْاِيْمَانِ
وَالسَّلَامَةِ وَالْاِسْلَامِ رَبِّيْ وَرَبُّكَ اللهُ

O Allah, bring us the new moon with security and faith, with peace and in Islam, and in harmony with what our Lord loves and what pleases Him. Our Lord and your Lord is Allah.

(Silsilatul-Ahadithis-Sahihah: 1816)





Dua Before Eating

بِسْمِ اللَّهِ

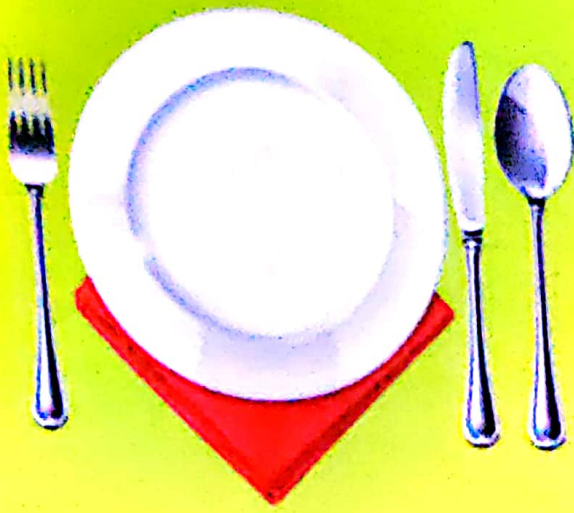
In the Name of Allah.

If you forget to say Bismillah
before you start eating, then when
you remember you should say:

بِسْمِ اللَّهِ فِيْ أَوَّلِهِ وَآخِرِهِ

In the Name of Allah, in it's
beginning and in the end.

(At-Tirmidhi: 1858)



Dua After Eating

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنِي هَذَا وَرَزَقَنِيهِ
مِنْ غَيْرِ حَوْلٍ مِنِّي وَلَا قُوَّةٍ

Praise be to Allah who has given me this food and sustained me with it, without any strength or power from me.

(At-Tirmidhi: 3458)

Instructions:

1. Wash your hands before and after eating.
2. Eat with your right hand.
3. Start eating your food which is closest to you, rather than from the middle.
4. Do not eat while reclining.
5. Do not criticize the food.
6. Do not over eat.

Dua After Sneezing

The Prophet of Allah ﷺ said: When any of you sneezes then you should say:

الْحَمْدُ لِلَّهِ

All praises and thanks is for Allah.

If you hear someone sneeze you should say:

يَرْحَمُكَ اللَّهُ

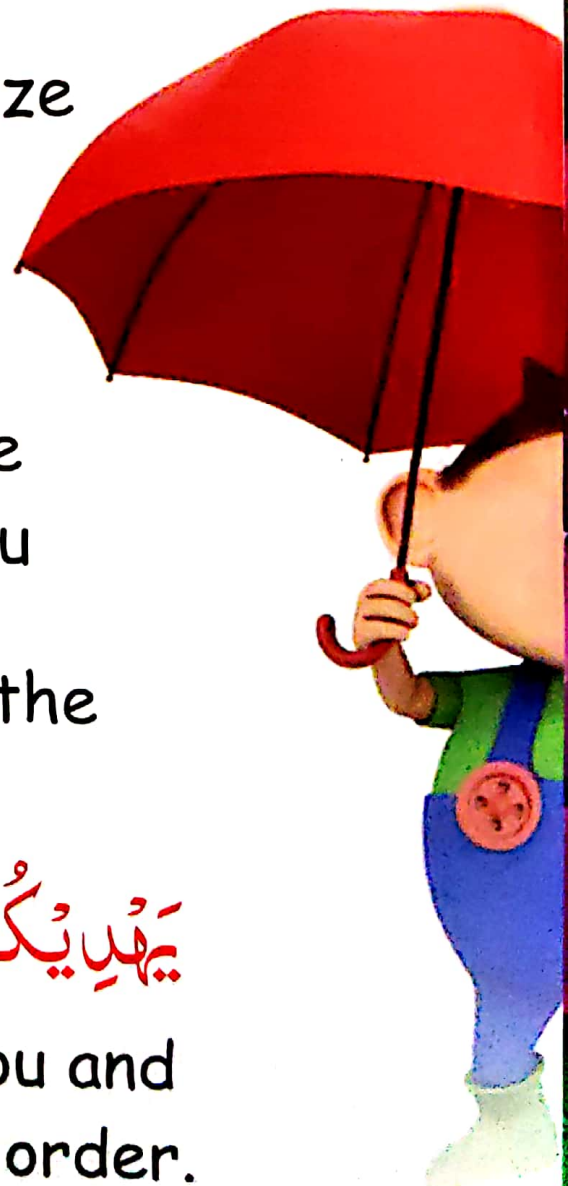
May Allah have mercy upon you

If you hear someone say the above, you should say:

يَهْدِيكُمْ اللَّهُ وَيُصْلِحْ بَالَكُمْ

May Allah guide you and set your affairs in order.

(Al-Bukhari: 6224)

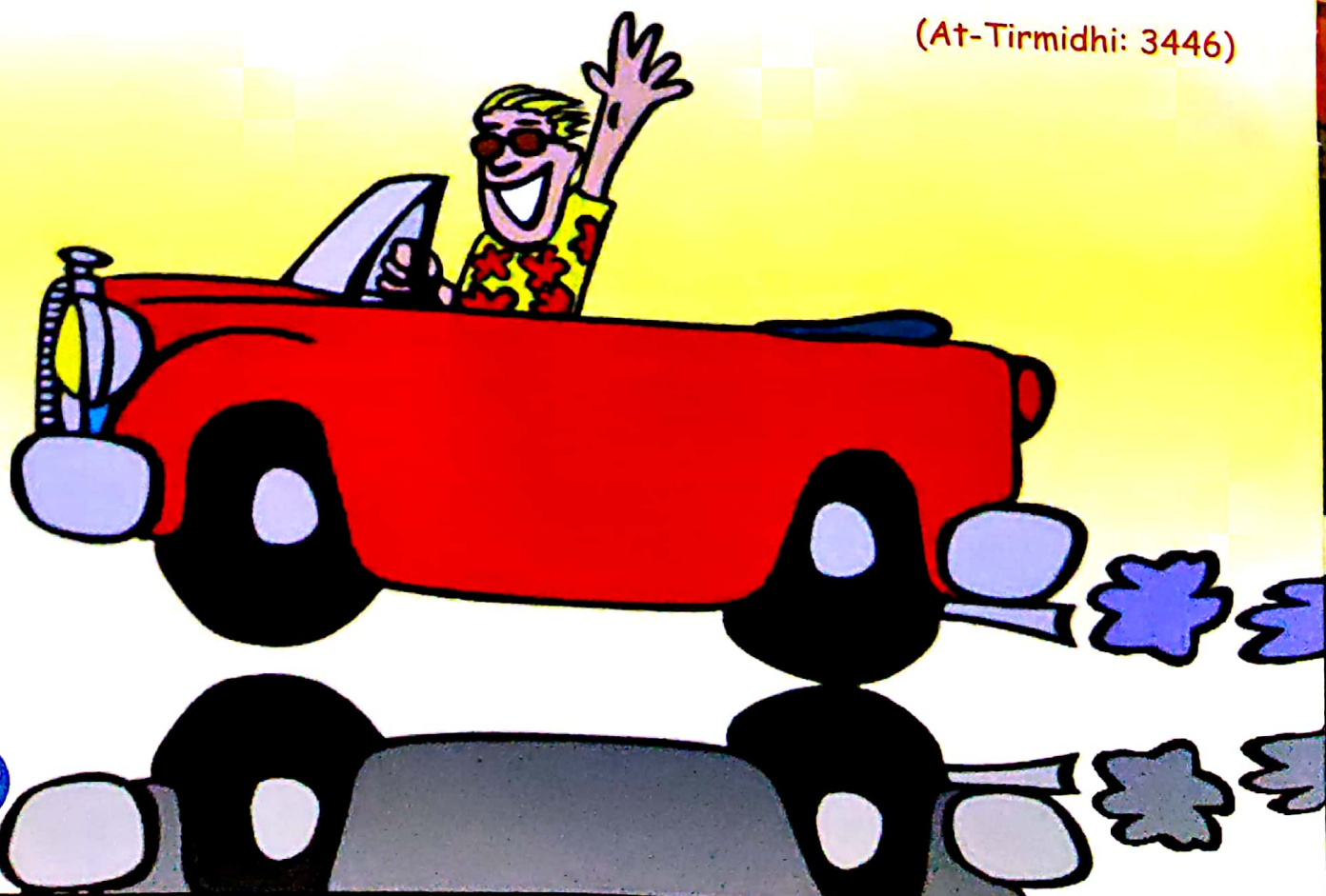


Dua For Riding In A Vehicle Or On An Animal

بِسْمِ اللَّهِ، الْحَمْدُ لِلَّهِ، سُبْحَانَ الَّذِي سَخَّرَ لَنَا هَذَا وَمَا
كُنَّا لَهُ مُقْرِنِينَ، وَإِنَّا إِلَى رَبِّنَا لَمُنْقَلِبُونَ

In the Name of Allah, all praise be to Allah, Glory is to Him Who has provided this (transport) for us, though we could never have had it by our own efforts. Surely unto our Lord we will return.

(At-Tirmidhi: 3446)



Dua When Entering A Market

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ
الْمُلْكُ وَلَهُ الْحَمْدُ، يُحْيِي وَيُمِيتُ وَهُوَ حَيٌّ لَا
يَمُوتُ بِيَدِهِ الْخَيْرُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

There is none worthy of
worship but Allah alone,
He has no partner. To Him
belongs all sovereignty.
He brings life and He
brings death, and He is
living and does not
die, in His hand
is all good, and
He is capable
of all things.

(At-Tirmidhi: 3428, 3429
& Ibn Majah: 2235)





**Dua
Before Sleeping**

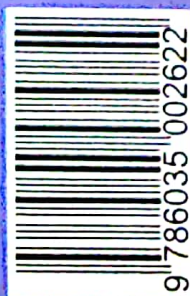
بِسْمِكَ اللَّهُمَّ أَمُوتُ وَأَحْيَا

In Your Name O Allah I die and I live.

(Ahmad: 5/385)

Honourable readers, there is not a person in this world who is not facing some sort of difficulty or problems. Anyone can strengthen their bond with Allah simply by making supplications to Him. We can seek relief from our difficulties and problems by directly calling upon Allah without the need of any mediators between us and our Lord. Allah has blessed us with immeasurable great blessings and it is incumbent upon every human being to thank his Lord, his Creator and Master, for all of the countless blessings which we are surrounded with throughout our lives.

For this book, 'Golden Supplications For Children' I have chosen only the most important supplications, so that our children are able to memorize them with ease from one single book.



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