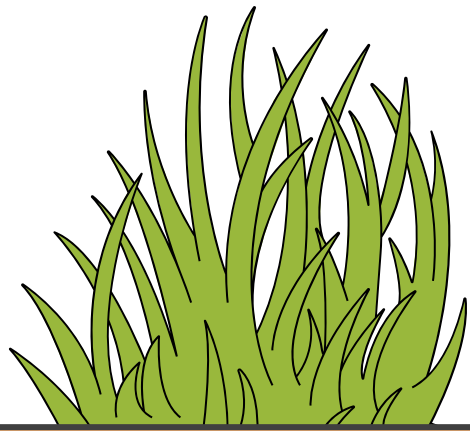
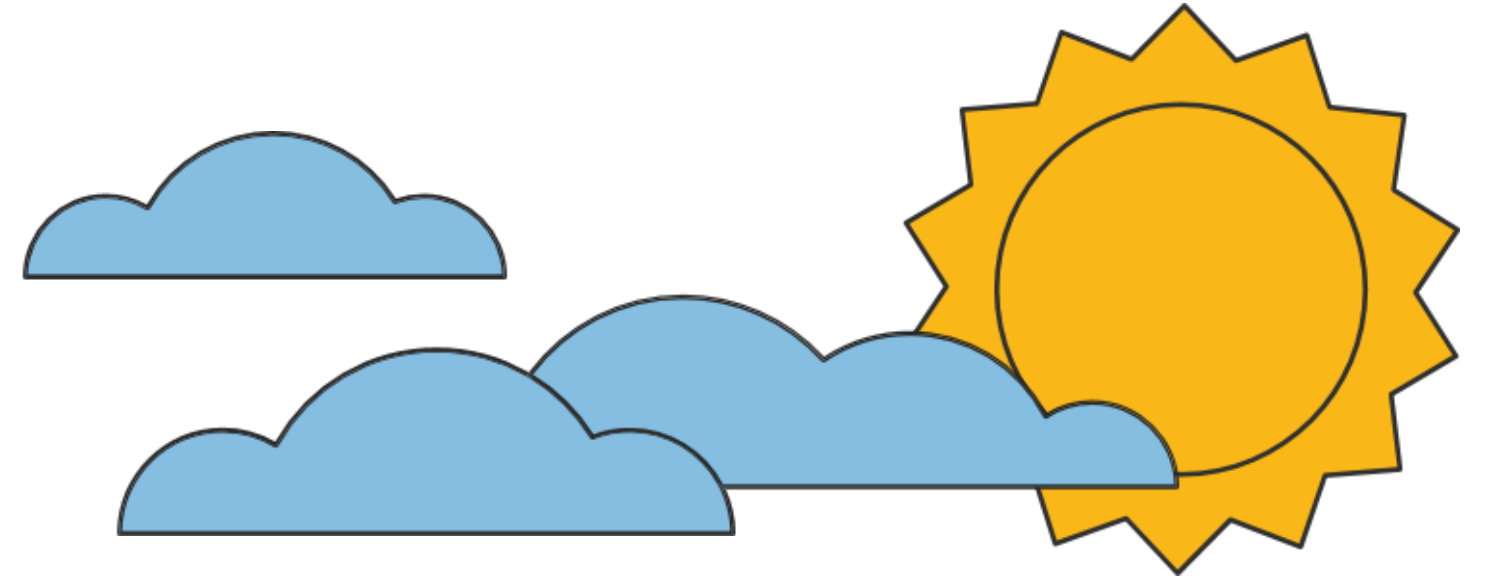


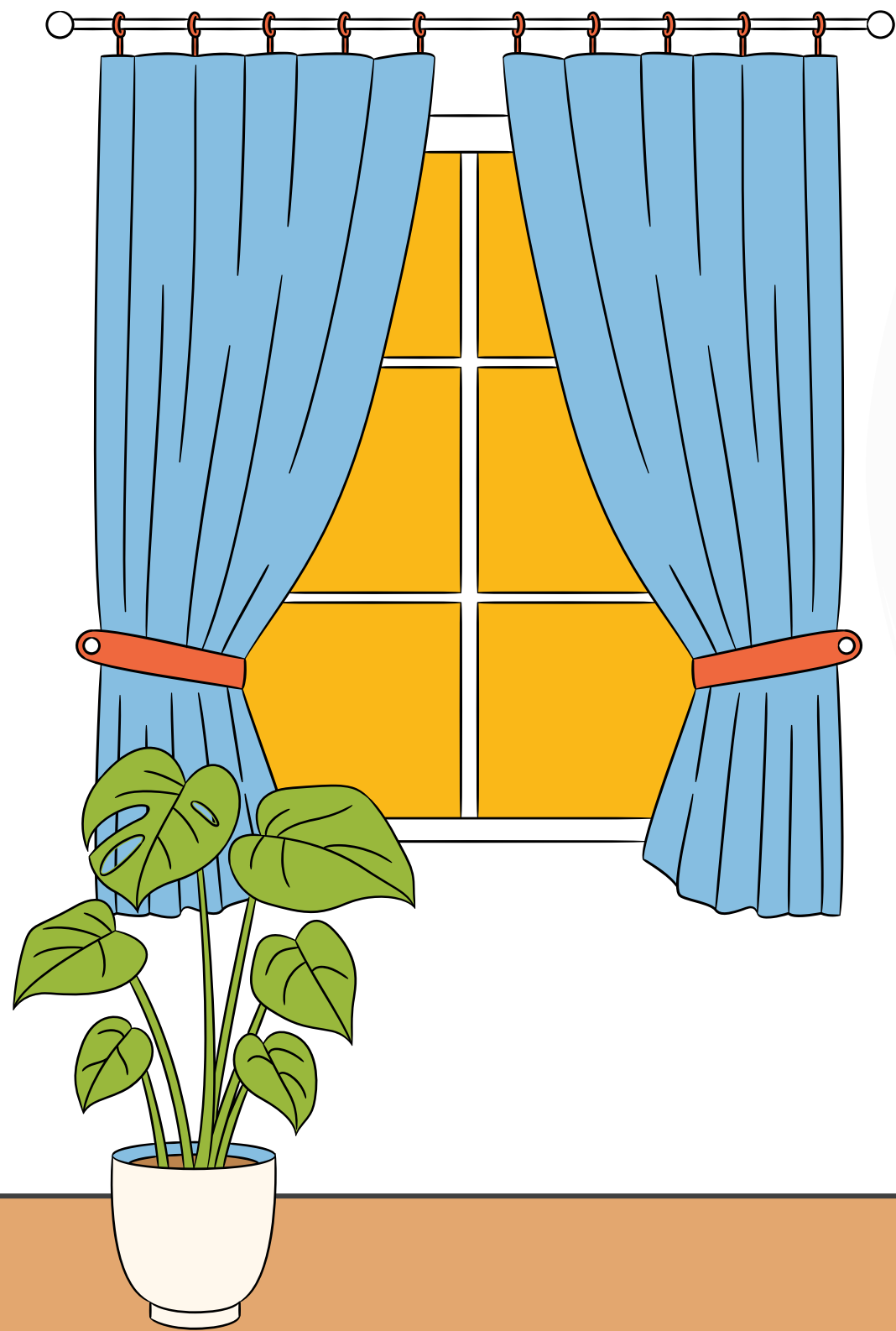
Day 1

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Talking to Allah



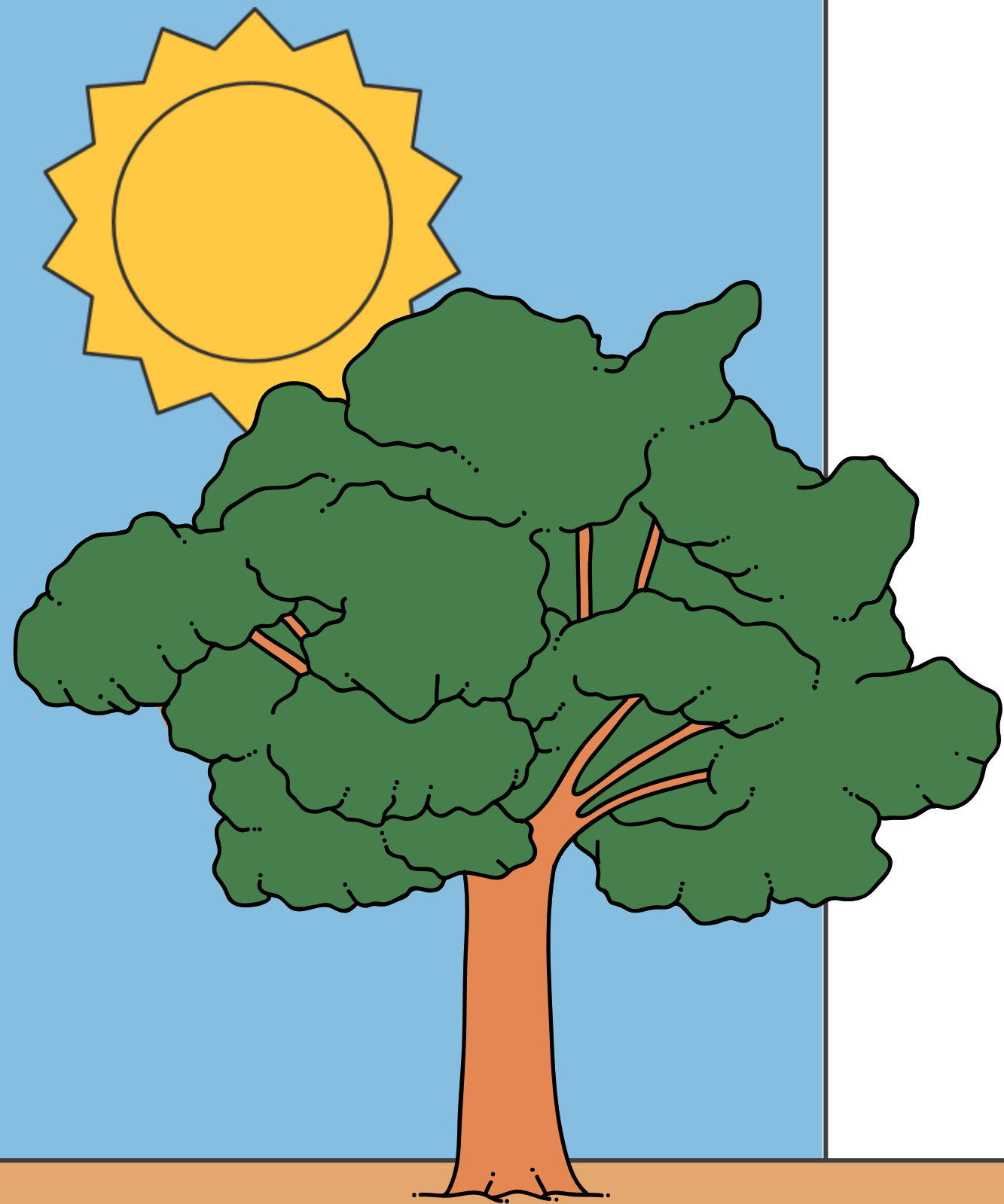
Life is a Trial – We need Allah



Talking To Allah

Ramadan Course
(1447 AH)

Duas for Hardship and Success



**Have you played Tug-of-War?
It requires power and struggle.**



Life is like that

Why do we face trials in this life?

Trials are:



Allah SWT Says:

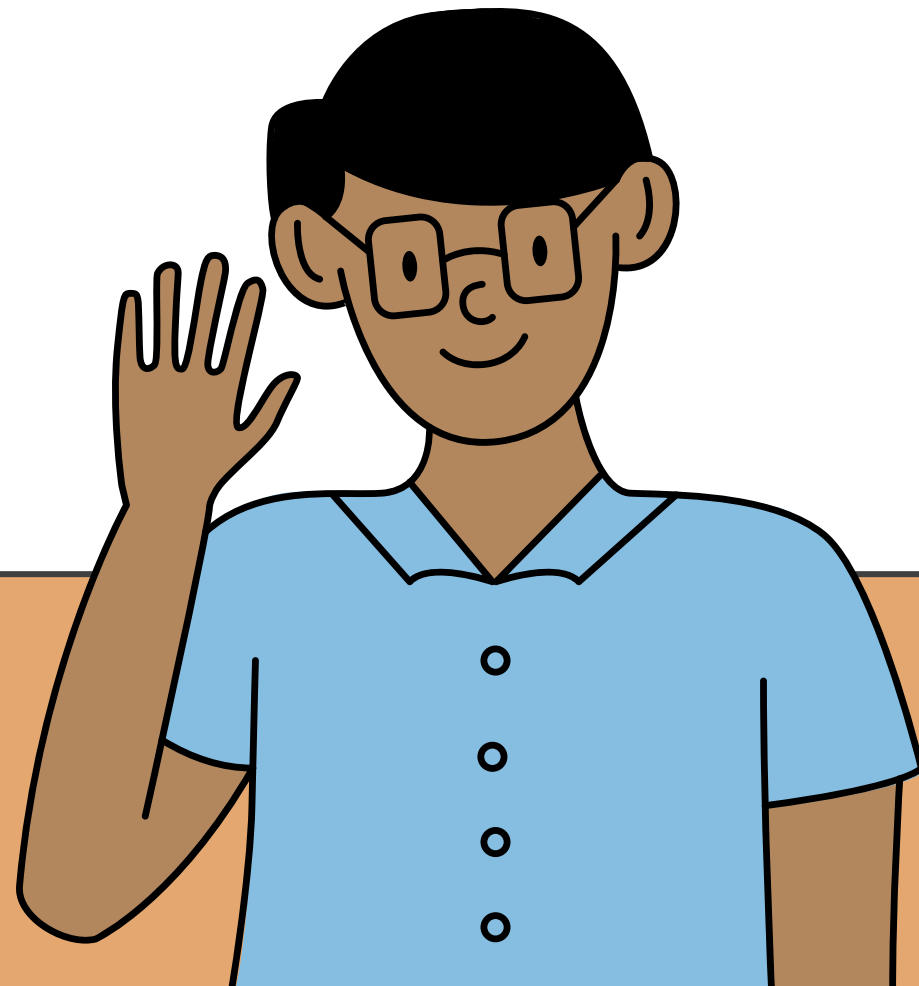
“Perhaps you may hate something, yet it proves better for you” (Quran 2:216).

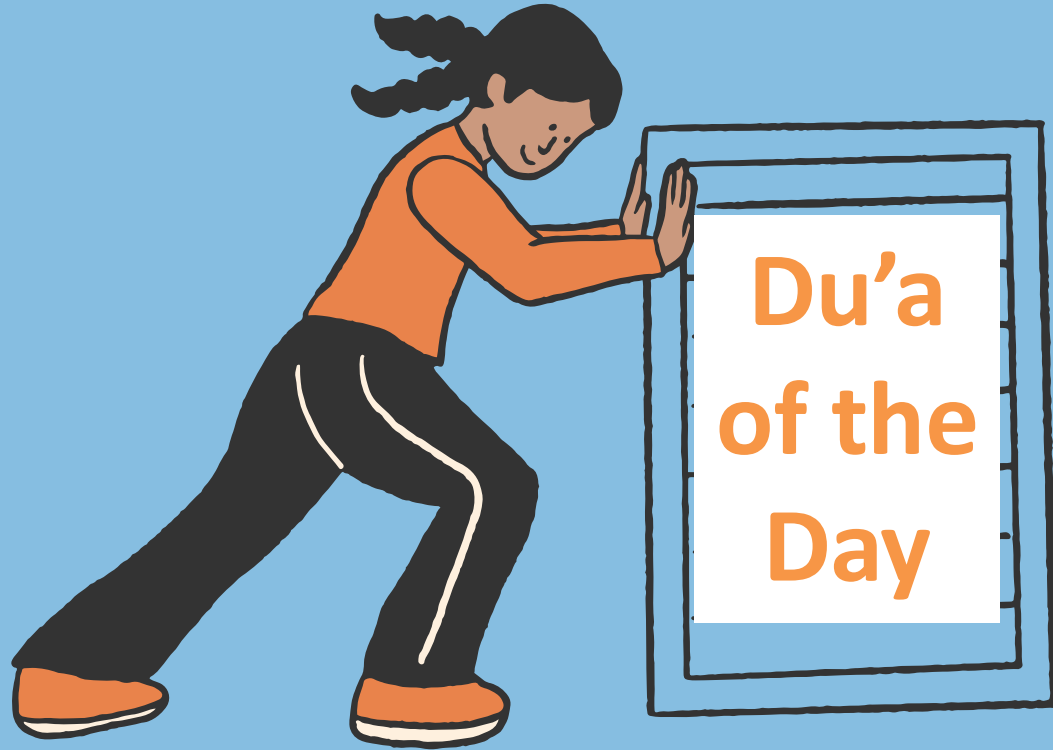
The Prophet SAW confirmed this when he said:

“How amazing is the believer’s affair! Allah decrees nothing for the servant except that it is good for him.” - (Ahmed)

The Sahaba, Hadrat Umar R.A. highlighted some the blessings of trials when he said,

“I was never afflicted with a trial except that with it Allah gave me four blessings: it was not in my religion; I was not barred from being content; it was not worse than it was; and I hoped for reward through it.”





Dua #1

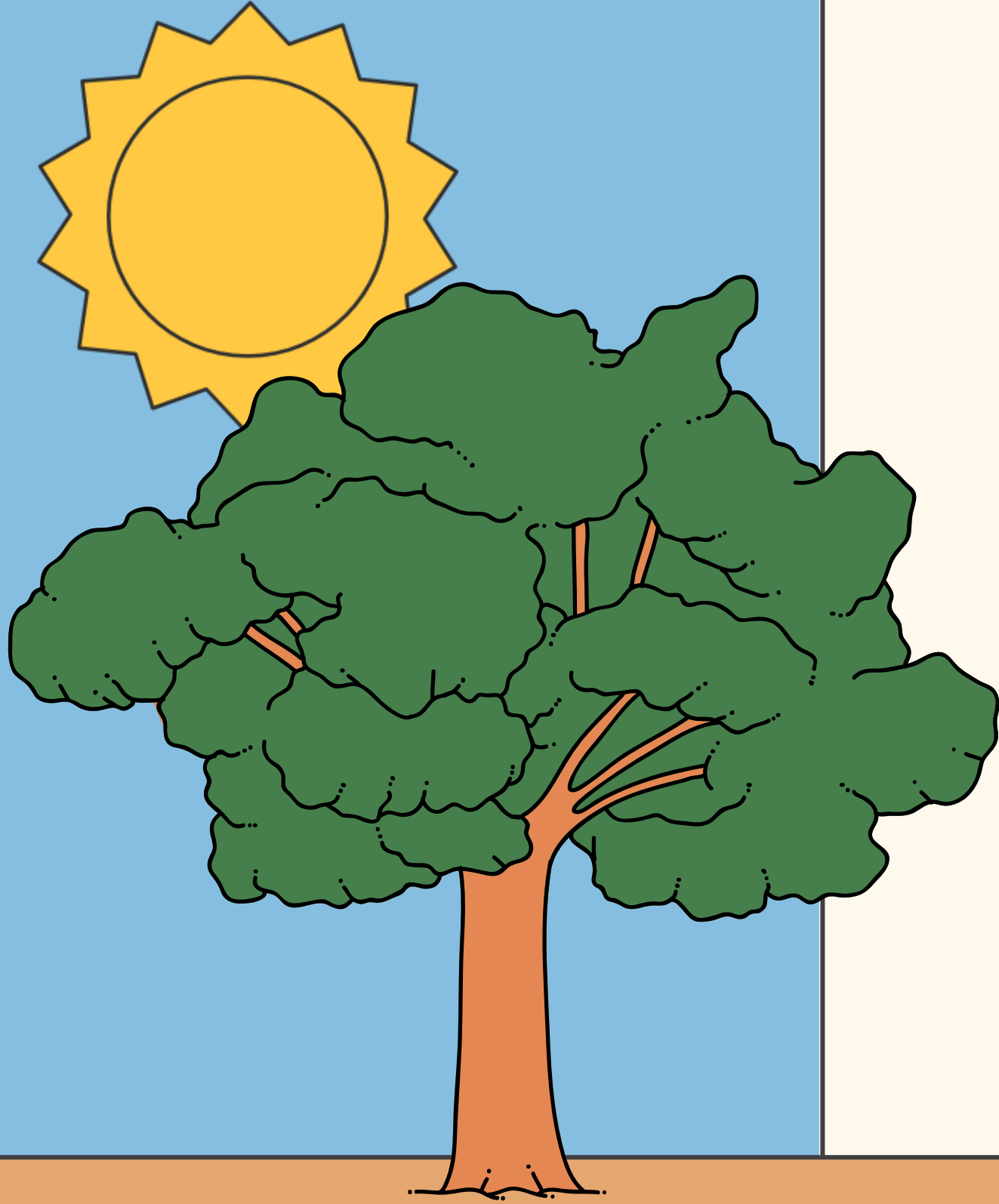
اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ الْهَمِّ وَالْحُزْنِ وَالْعَجْزِ
وَالْكَسَلِ وَالْبُخْلِ وَالْجُبْنِ وَضَلَعِ الدَّيْنِ وَغَلَبَةِ
الرِّجَالِ

Allahumma inni a'udhu bika minal-hammi, wal-Huzni wal-'ajazi wal-kasli wal-bukhli wal-jubni wa ḍala'id-dayni wa ghalabatir-rijal.

**“O Allah, I take refuge in You from anxiety and sorrow, weakness and laziness, miserliness and cowardice, the burden of debts and from being overpowered by men.”
(Bukhari)**

- This dua is to safeguard us from despair, sadness, anxiety, laziness, and low iman

Read 7 Times



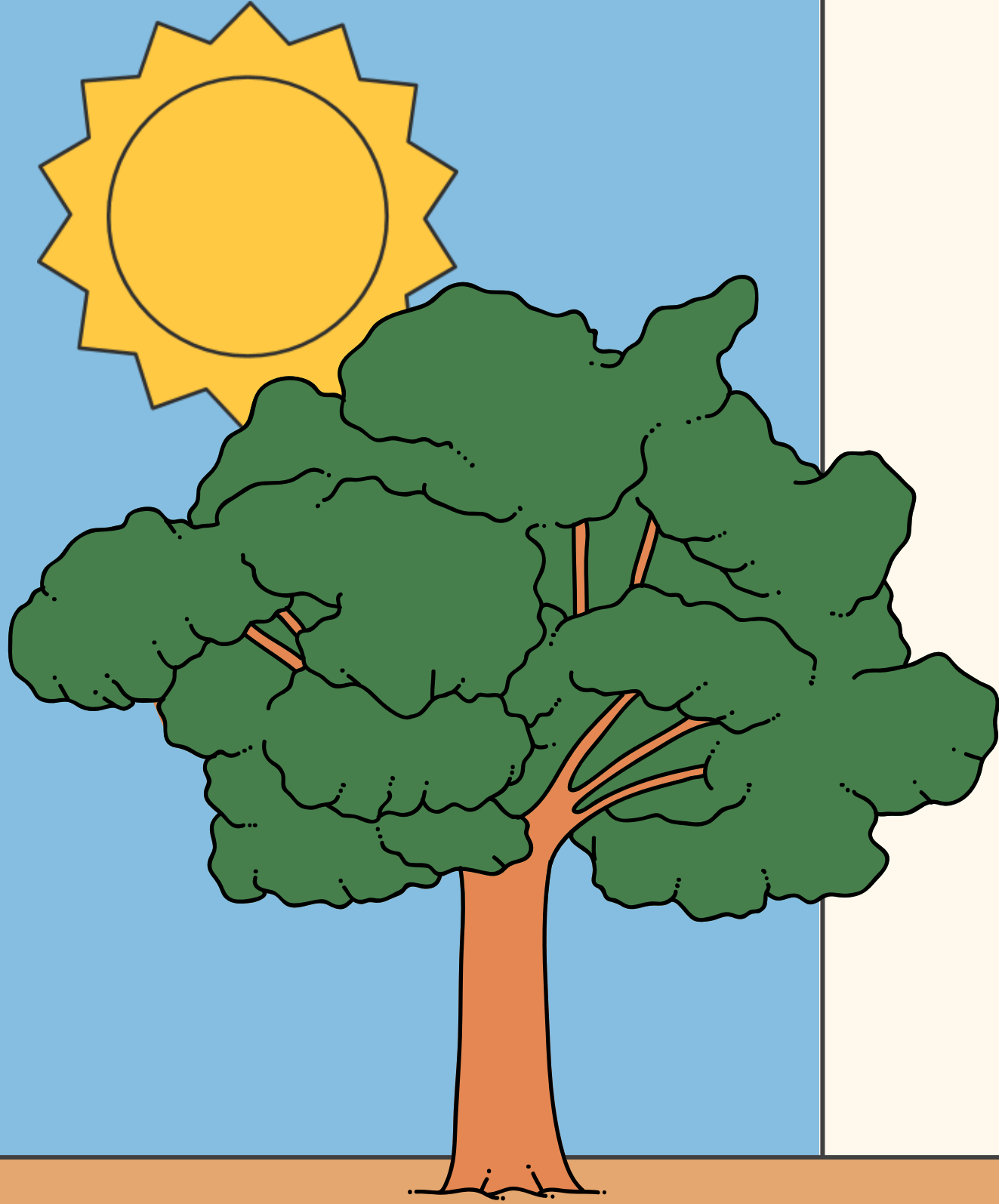
Dua #1

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْحُزْنِ

“O Allah, I take refuge in You from anxiety and sorrow,

- THIS DUA IS TO SAFEGUARD US FROM DESPAIR, SADNESS, ANXIETY, LAZINESS, AND LOW IMAN.

Read 7 Times



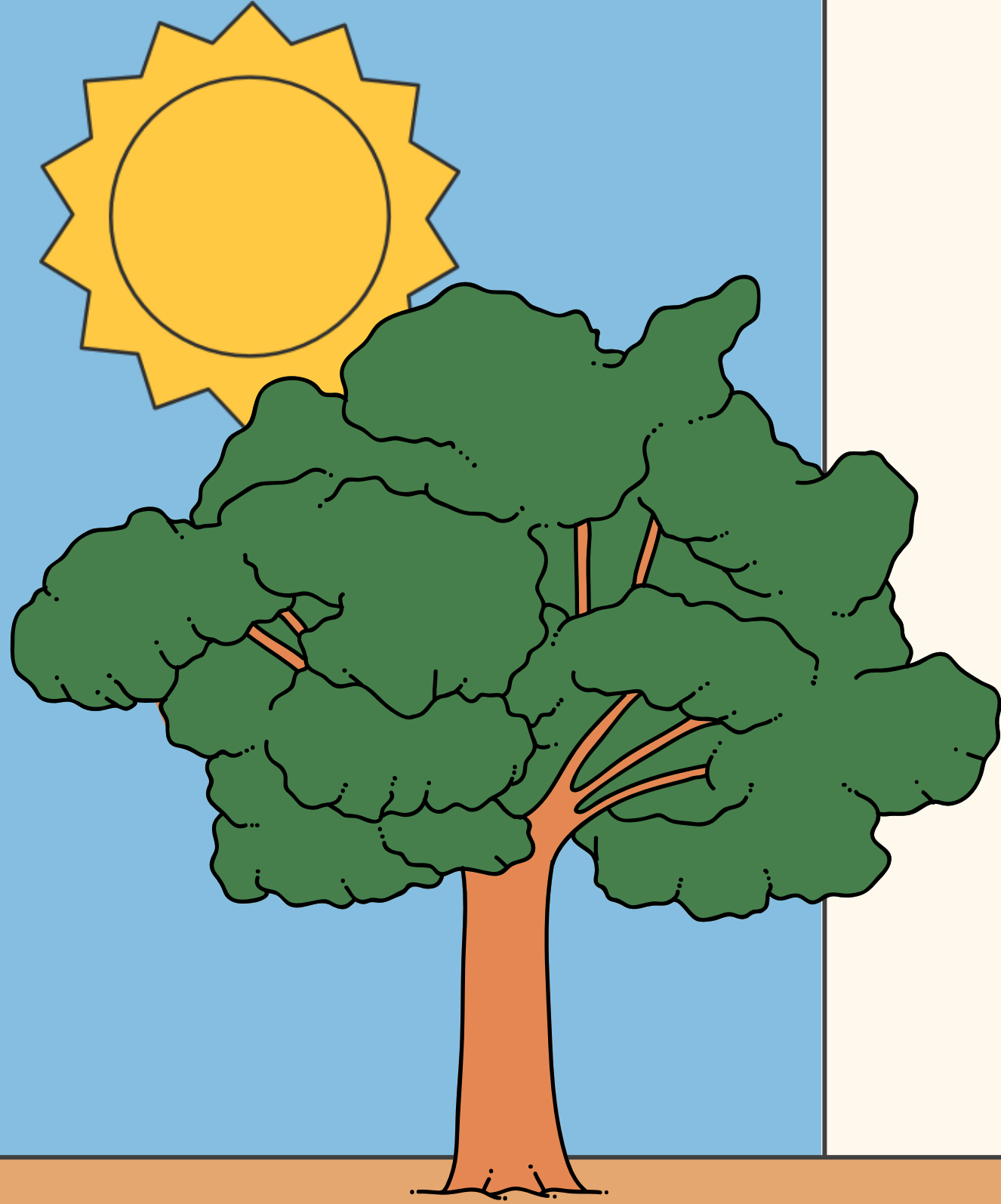
Dua #1

وَالْعَجْزِ وَالْكَسَلِ وَالْبُخْلِ وَالْجُبْنِ

weakness and laziness, miserliness and cowardice,

- THIS DUA IS TO SAFEGUARD US FROM DESPAIR, SADNESS, ANXIETY, LAZINESS, AND LOW IMAN.

Read 7 Times



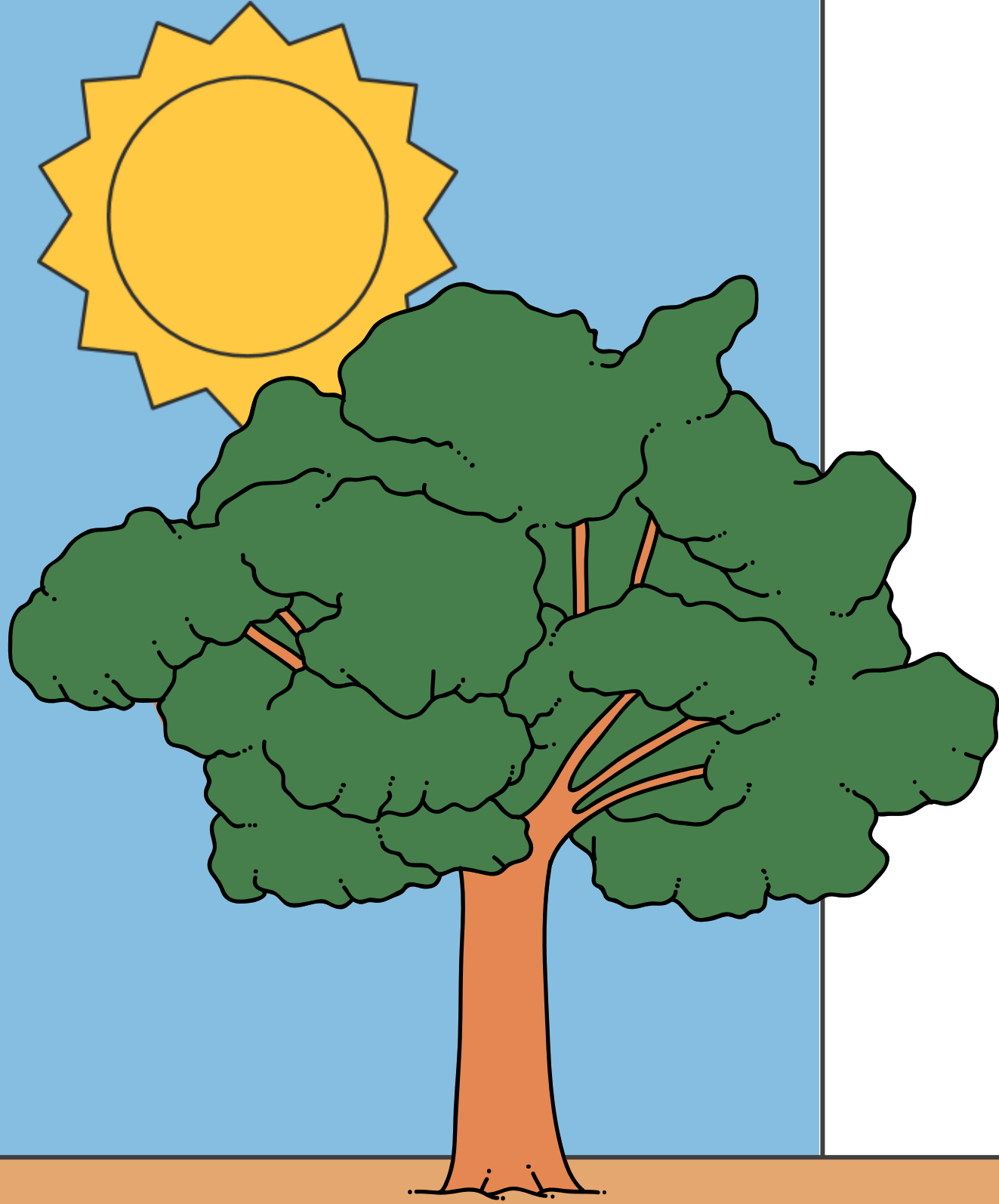
Dua #1

وَضَلَعِ الدَّيْنَ وَغَلْبَةِ الرِّجَالِ

the burden of debts and from being overpowered by men.”
(Bukhari)

- THIS DUA IS TO SAFEGUARD US FROM DESPAIR, SADNESS, ANXIETY, LAZINESS, AND LOW IMAN.

Revise



Dua #1

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْحُزْنِ وَالْعَجْزِ
وَالْكَسَلِ وَالْبُخْلِ وَالْجُبْنِ وَضَلَعِ الدَّيْنِ وَغَلَبَةِ
الرِّجَالِ

Allahumma inni a'udhu bika minal-hammi, wal-Huzni wal-'ajazi wal-kasli wal-bukhli wal-jubni wa ḍala'id-dayni wa ghalabatir-rijal.

**“O Allah, I take refuge in You from anxiety and sorrow, weakness and laziness, miserliness and cowardice, the burden of debts and from being overpowered by men.”
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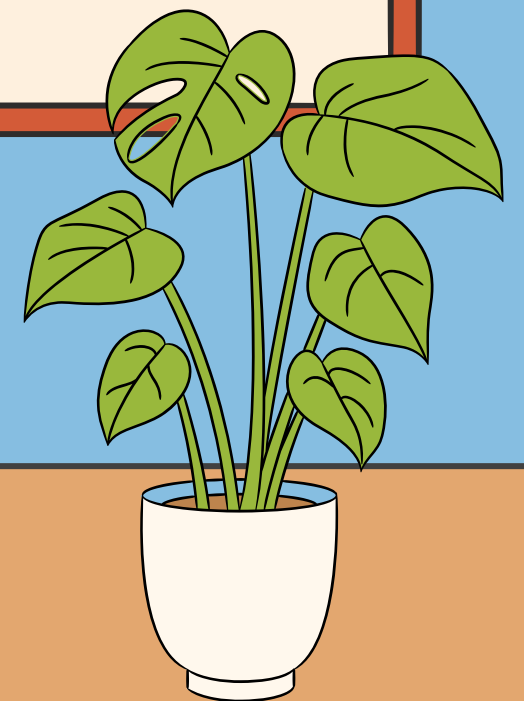


Talking To Allah



Recall

Ask Questions from the
class discussion and du'a



DUA #1

My Dua Planner



اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ الْهَمِّ وَالْحُزْنِ وَالْعَجْزِ وَالْكَسَلِ وَالْبُخْلِ
وَالْجُبْنِ وَصَلَعِ الدَّيْنِ وَغَلَبَةِ الرِّجَالِ

Allahumma inni a'udhu bika minal-hammi, wal-Huzni wal-'ajazi wal-kasli wal-
bukhli wal-jubni wa dala'id-dayni wa ghalabatir-rijal

Translation:

"O Allah, I take refuge in You from anxiety and sorrow, weakness and laziness, miserliness
and cowardice, the burden of debts and from being overpowered by men." (Bukhari)

.....
.....
.....
.....

When should you
recite this dua?

.....
.....
.....
.....
.....
.....
.....

Tick everytime you
recite the dua

1
2
3
4
5
6
7

Have you memorised
this dua?

Yes, with translation
 Yes, without translation
 No

Did you recite it
before iftar?

Yes
 No

Class
Activity

