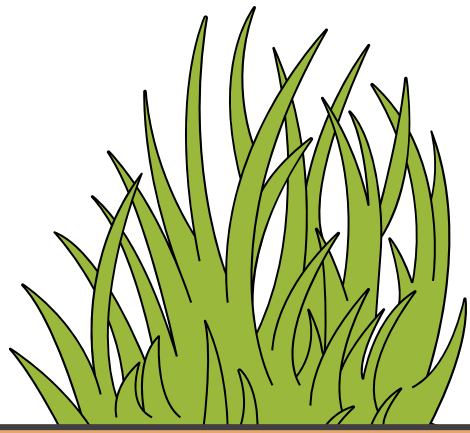
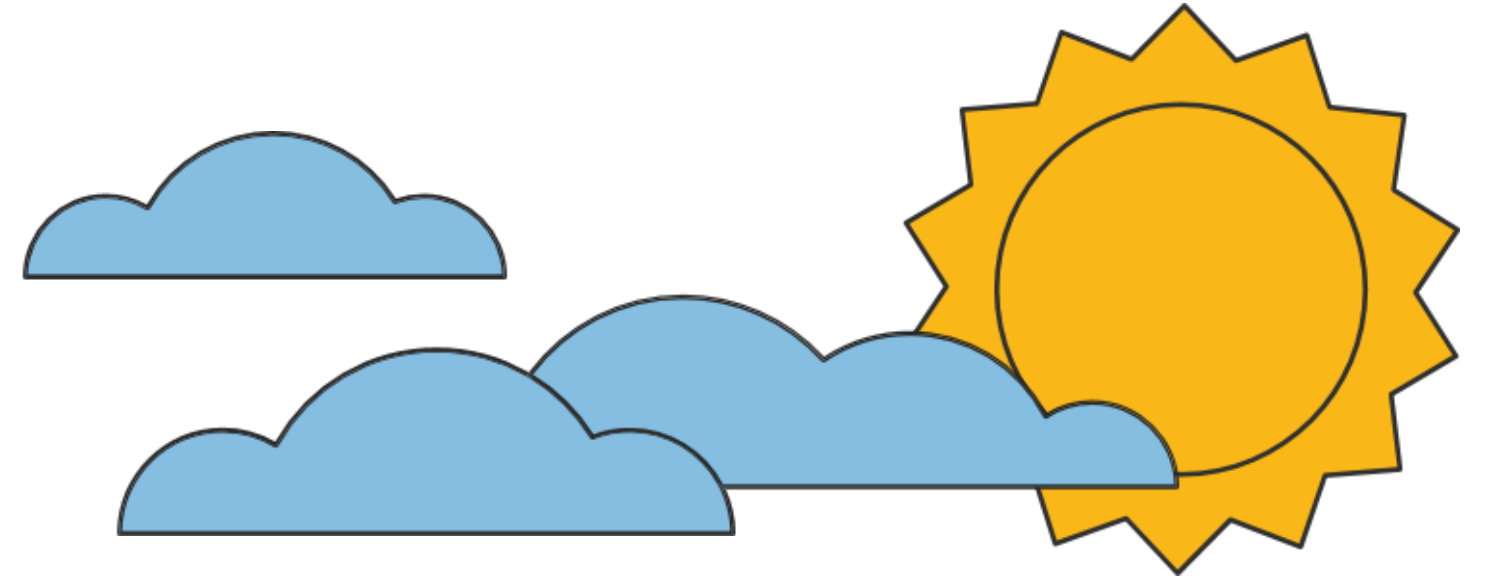


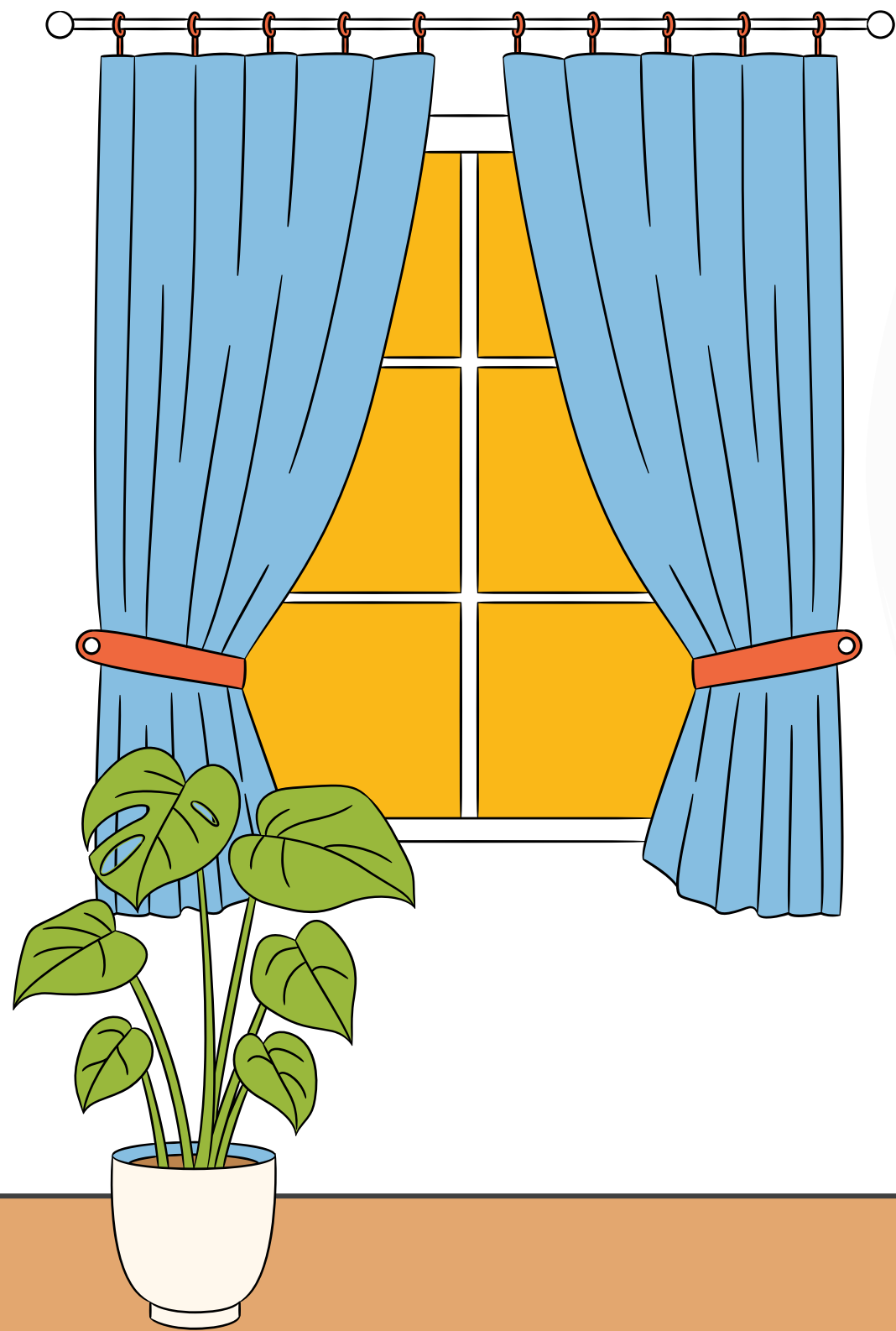
Day 9

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Talking to Allah



**Life is a Trial – We need Allah**



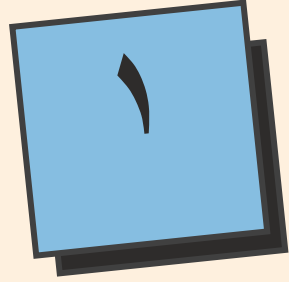
**Talking To Allah**

**Ramadan Course**  
(1447 AH)

Duas for Hardship and Success

Match the correct  
sections of the du'as

## QUIZ



إِنَّا لِلَّهِ ..

اللَّهُمَّ إِنِّي أَعُوذُ..

.. بِكَ مِنْ أَلَمِّ

.. لَا إِلَهَ إِلَّا هُوَ

بِسْمِ اللَّهِ الَّذِي..

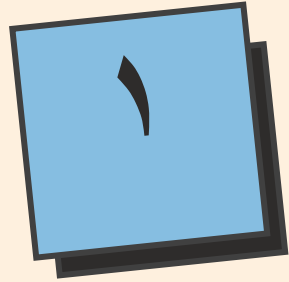
حَسْبِيَ اللَّهُ..

.. لَا يَضُرُّ مَعَ اسْمِهِ  
شَيْءٌ

.. وَإِنَّا إِلَيْهِ رَاجِعُونَ

Match the correct  
sections of the du'as

## QUIZ



إِنَّا لِلَّهِ ..

اللَّهُمَّ إِنِّي أَعُوذُ..

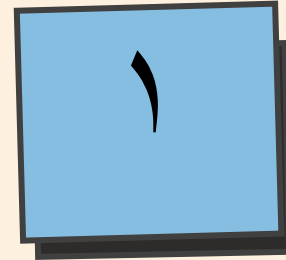
.. بِكَ مِنْ أَلَمِّ

.. لَا إِلَهَ إِلَّا هُوَ

بِسْمِ اللَّهِ الَّذِي..

حَسْبِيَ اللَّهُ..

.. لَا يَضُرُّ مَعَ اسْمِهِ  
شَيْءٌ



.. وَإِنَّا إِلَيْهِ رَاجِعُونَ

Match the correct  
sections of the du'as

## QUIZ

إِنَّا لِلَّهِ ..



اللَّهُمَّ إِنِّي أَعُوذُ..

.. بِكَ مِنْ أَلَمِّ

.. لَا إِلَهَ إِلَّا هُوَ

بِسْمِ اللَّهِ الَّذِي..

حَسْبِيَ اللَّهُ..

.. لَا يَضُرُّ مَعَ اسْمِهِ  
شَيْءٌ

.. وَإِنَّا إِلَيْهِ رَاجِعُونَ

Match the correct  
sections of the du'as

## QUIZ

إِنَّا لِلَّهِ ..

٢

اللَّهُمَّ إِنِّي أَعُوذُ..

٢

.. بِكَ مِنَ الْهَمِّ

.. لَا إِلَهَ إِلَّا هُوَ

بِسْمِ اللَّهِ الَّذِي..

حَسْبِيَ اللَّهُ..

.. لَا يَضُرُّ مَعَ اسْمِهِ  
شَيْءٌ

.. وَإِنَّا إِلَيْهِ رَاجِعُونَ

Match the correct  
sections of the du'as

## QUIZ

إِنَّا لِلَّهِ ..

اللَّهُمَّ إِنِّي أَعُوذُ..

.. بِكَ مِنْ أَلَمِّ

.. لَا إِلَهَ إِلَّا هُوَ

بِسْمِ اللَّهِ الَّذِي..

حَسْبِيَ اللَّهُ..

.. لَا يَضُرُّ مَعَ اسْمِهِ  
شَيْءٌ

.. وَإِنَّا إِلَيْهِ رَاجِعُونَ

٣

Match the correct  
sections of the du'as

## QUIZ

.. بِكَ مِنْ أَلْهَمَّ

اللَّهُمَّ إِنِّي أَعُوذُ..

إِنَّا لِلَّهِ ..

حَسْبِيَ اللَّهُ..

بِسْمِ اللَّهِ الَّذِي..

.. لَا إِلَهَ إِلَّا هُوَ

.. وَإِنَّا إِلَيْهِ رَاجِعُونَ

.. لَا يَضُرُّ مَعَ اسْمِهِ  
شَيْءٌ

Match the correct  
sections of the du'as

## QUIZ

إِنَّا لِلَّهِ ..

اللَّهُمَّ إِنِّي أَعُوذُ..

.. بِكَ مِنْ أَلَمِّ

.. لَا إِلَهَ إِلَّا هُوَ

٤

بِسْمِ اللَّهِ الَّذِي..

حَسْبِيَ اللَّهُ..

.. لَا يَضُرُّ مَعَ اسْمِهِ  
شَيْءٌ

.. وَإِنَّا إِلَيْهِ رَاجِعُونَ

Match the correct  
sections of the du'as

## QUIZ

إِنَّا لِلَّهِ ..

اللَّهُمَّ إِنِّي أَعُوذُ..

.. بِكَ مِنْ أَلَمِّ

.. لَا إِلَهَ إِلَّا هُوَ

٤

بِسْمِ اللَّهِ الَّذِي..

حَسْبِيَ اللَّهُ..

٤

.. لَا يَضُرُّ مَعَ اسْمِهِ  
شَيْءٌ

.. وَإِنَّا إِلَيْهِ رَاجِعُونَ

Match the correct  
sections of the du'as

# QUIZ

١ .. إِنَّا لِلَّهِ ..

٢ .. اللَّهُمَّ إِنِّي أَعُوذُ ..

٢ .. بِكَ مِنْ أَلَمِّ

٣ .. لَا إِلَهَ إِلَّا هُوَ

٤ .. بِسْمِ اللَّهِ الَّذِي ..

٣ .. حَسْبِيَ اللَّهُ ..

٤ .. لَا يَضُرُّ مَعَ اسْمِهِ  
شَيْءٌ

١ .. وَإِنَّا إِلَيْهِ رَاجِعُونَ

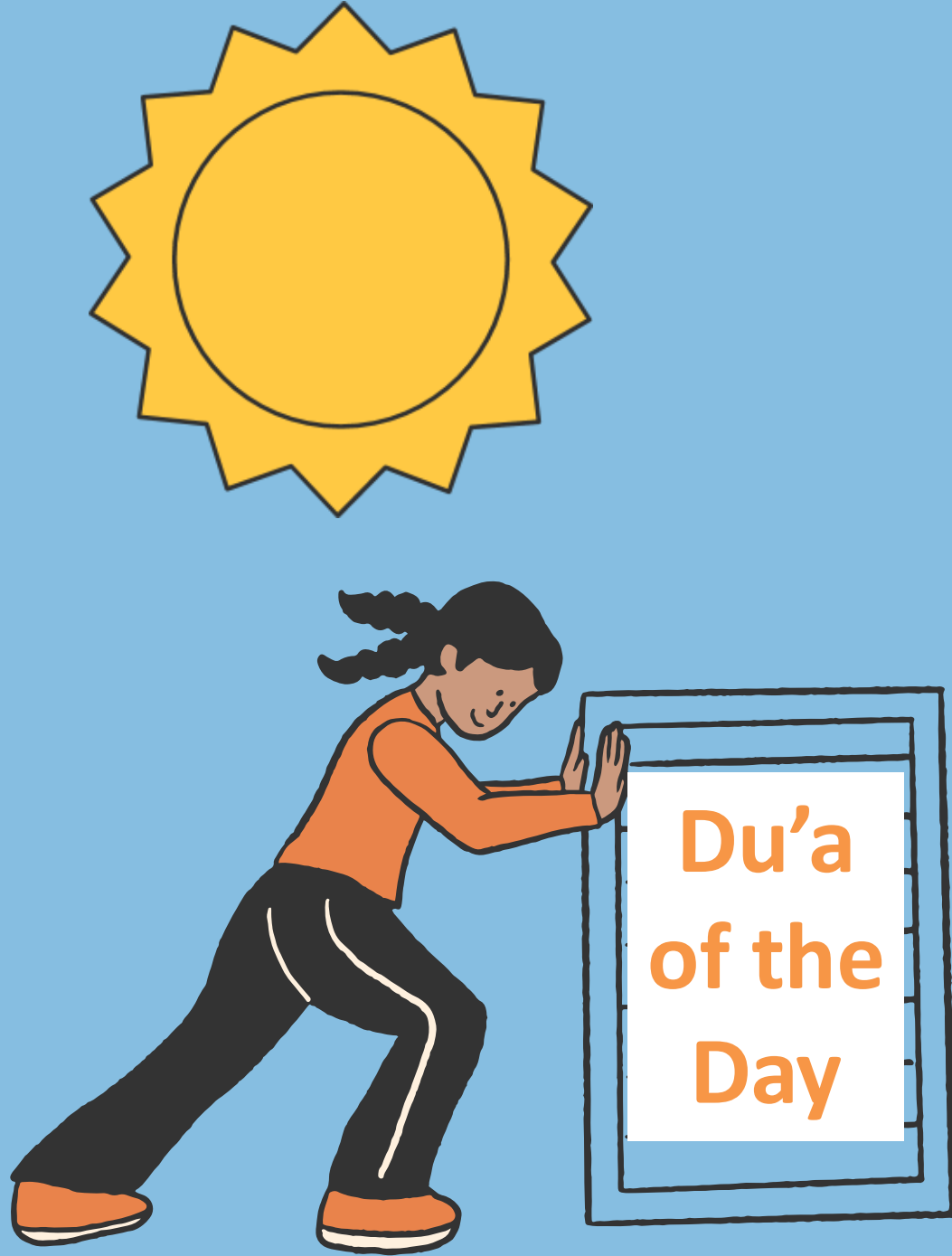
## Dua #9

يَا حَيُّ يَا قَيُّوْمُ بِرَحْمَتِكَ أَسْتَغِيْثُ

Ya Hayyu Ya Qayyum! Bi rahmatika astagheeth!

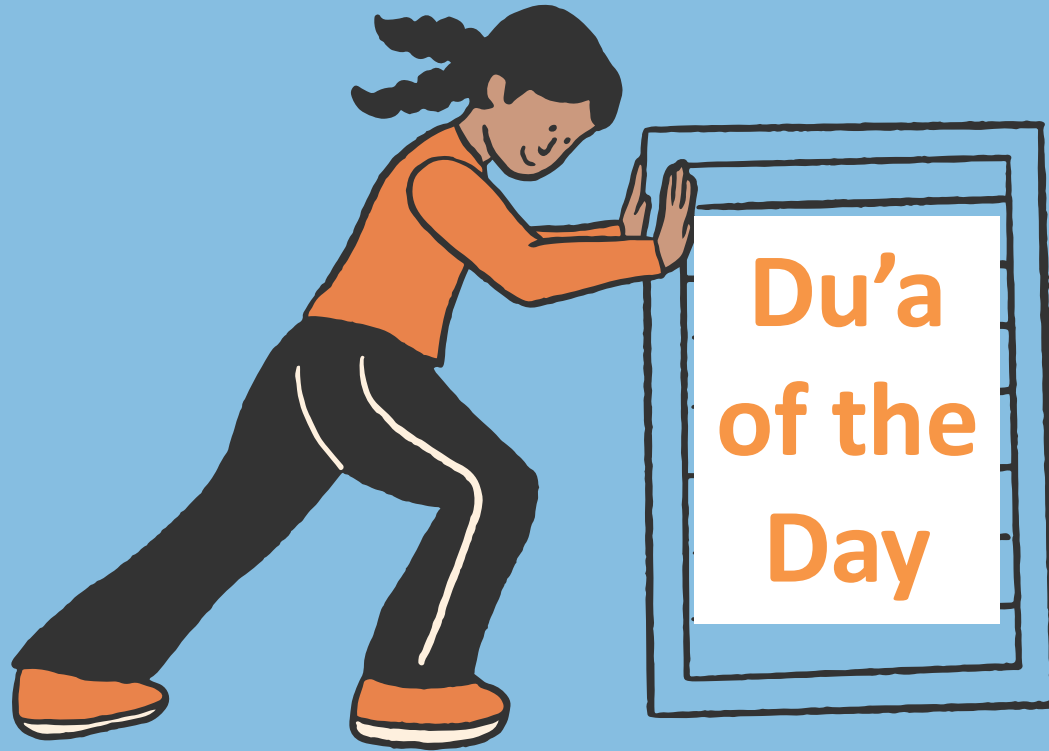
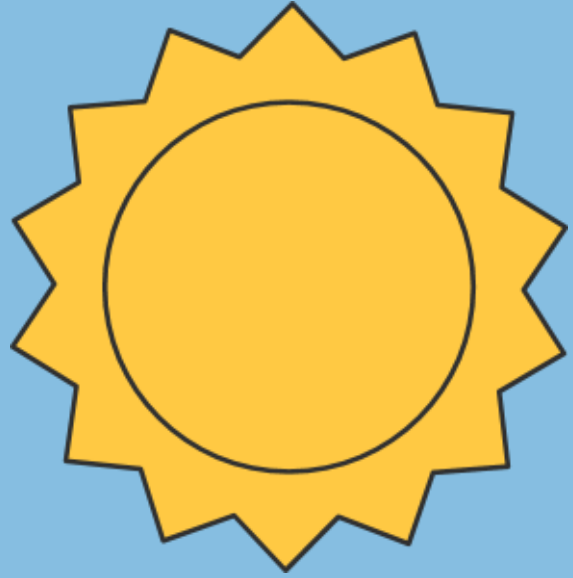
“O Living and Eternal Sustainer!

By Your mercy I seek relief!” - (Tirmidhi)



**YOU SAY THIS DUA TO SEEK RELIEF, ASSISTANCE, AND SALVATION FROM DANGER OR DISTRESS. WHEN THE PROPHET PBUH WOULD BE AFFLICTED WITH A STRESSFUL TRIAL, HE WOULD SAY THIS DUA.**

Read 7 Times



Dua #9

يَا حَيُّ يَا قَيُّوْمُ

بِرَحْمَتِكَ أَسْتَغِيْثُ

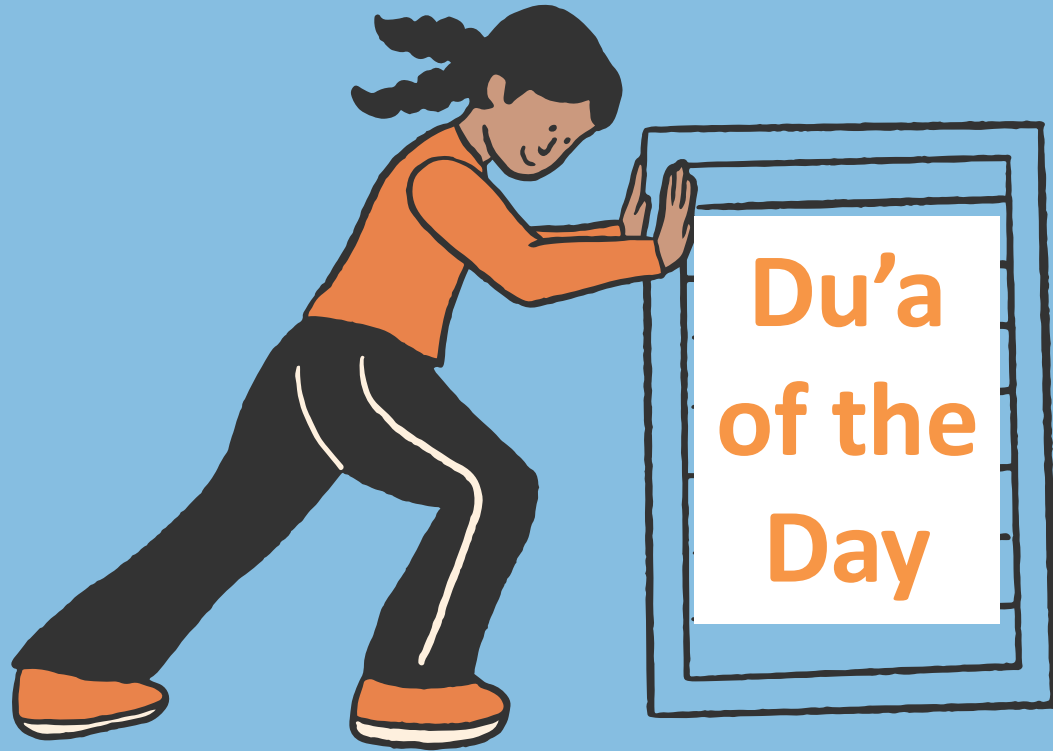
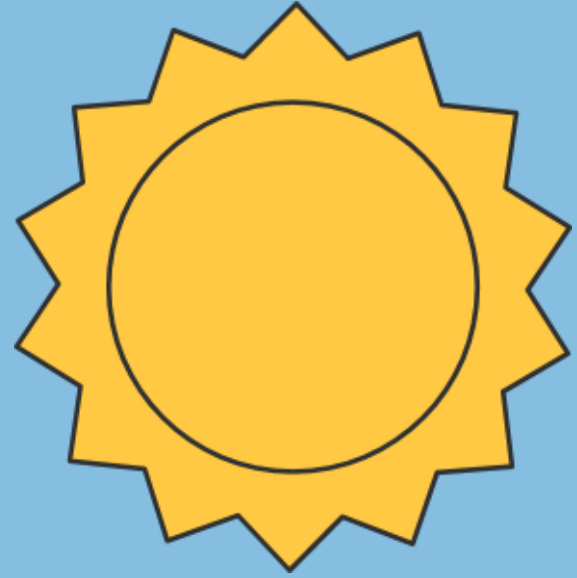
Ya Hayyu Ya Qayyum! Bi rahmatika astagheeth!

“O Living and Eternal Sustainer!

By Your mercy I seek relief!” - (Tirmidhi)

**YOU SAY THIS DUA TO SEEK RELIEF, ASSISTANCE, AND SALVATION FROM DANGER OR DISTRESS. WHEN THE PROPHET PBUH WOULD BE AFFLICTED WITH A STRESSFUL TRIAL, HE WOULD SAY THIS DUA.**

Read 7 Times



Dua #9

يَا حَيُّ يَا قَيُّوْمُ

بِرَحْمَتِكَ أَسْتَغِيْثُ

Ya Hayyu Ya Qayyum! Bi rahmatika astagheeth!


“O Living and Eternal Sustainer!

By Your mercy I seek relief!” - (Tirmidhi)

**YOU SAY THIS DUA TO SEEK RELIEF, ASSISTANCE, AND SALVATION FROM DANGER OR DISTRESS. WHEN THE PROPHET PBUH WOULD BE AFFLICTED WITH A STRESSFUL TRIAL, HE WOULD SAY THIS DUA.**

DUA #9

# My Dua Planner



**يَا حَيُّ يَا قَيُّوْمُ بِرَحْمَتِكَ أَسْتَغِيْثُ**  
 Ya Hayyu Ya Qayyumi Bi rahmatika astagheethi

Translation:  
 "O Living and Eternal Sustainer! By Your mercy I seek relief" (Tirmidhi)

.....  
 .....

Have you memorised this dua?

Yes, with translation  
 Yes, without translation  
 No

Did you recite it before iftar?

Yes  
 No

When should you recite this dua?

.....  
 .....

Tick everytime you recite the dua

1   
 2   
 3   
 4   
 5   
 6   
 7

Happy Land For Islamic Teachings (Ramadan 1447-2026)  
 By Noor Yaqoob

**Class**

**Activity**

