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What does “Siyaam” mean in Islam?

What is the intention of fasting?

What are the 2 pillars of fasting?

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What is the literal meaning of the Arabic word “Syaam”?

Syaam means to restrain.

What does “Syaam” mean in Islam?

In Islam it means to refrain from food and drink from dawn to dusk, and from everything that breaks the fast.

What is the intention of fasting?

The intention of fasting is that the worship of fasting is done for ALLAH.

What are the 2 pillars of fasting?

1. Refraining from everything that breaks the fast.
2. Intention to fast for Allah swt.

Which Surah of Qu’ran contains the command to fast?

Surah Al Baqarah